



Ruislip Stars Nurseries lunch and dinner menu:

Week commencing 11th May 2026

	Lunch menu	Dinner menu
Monday	<p>Meat - Creamy chicken and mushroom pasta served with green salad</p> <p>Veg - Creamy vegetable and mushroom pasta, served with green salad</p>	<p><i>Vegetable biriyani served with raita and apple and carrot salad</i></p>
Tuesday	<p>Meat - Tuna and potato fishcakes with tomato relish and hand cut chips</p> <p>Veg - Mixed vegetable and potato fishcakes with tomato relish and hand cut chips</p>	<p><i>Pasta bake with cheese, bell peppers and cherry tomatoes served with garlic bread</i></p>
Wednesday	<p>Meat- Lamb meatballs with spaghetti in sauce served with warm garlic bread</p> <p>Veg- Aubergine, carrot and broccoli meatballs served with saucy spaghetti and garlic bread</p>	<p><i>Three bean chilli served with white rice and beetroot and tomato chutney</i></p>
Thursday	<p>Meat - Lamb keema curry with potato and peas served with home made chappati and green salad</p> <p>Veg - Chickpea, carrot and potato curry served with homemade chappati and green salad</p>	<p><i>Stir fried vegetables with rice noodles</i></p>
Friday	<p>Meat - Chicken, and vegetable mini pizza's served with crispy potato and broccoli pakoras</p> <p>Veg - Vegetable mini pizza's served with crispy potato and broccoli pakoras</p>	<p><i>Cheesy vegetable carbonara served with crunchy salad</i></p>