

Graphius' curriculum (Nigina and Barwaqo) – April/May 2026

Date	Intent (what we are planning to teach)	Impact (what we want from the activity) Learnt outcomes
Week commencing: 20 th April 2026	To understand and talk about the different factors that support their overall wellbeing. Whilst the intent is developing Literacy, children will also have embedded opportunities to develop in PSED and other areas of learning.	To understand the importance of overall health and wellbeing
Week commencing: 27 th April 2026		To manage their own needs (personal hygiene)
Week commencing 4 th May 2026		To make healthy choices
Week commencing: 11 th May 2026		To be increasingly independent in meeting their own care needs
<p>Planned learning opportunities – ideas:</p> <p>Physical wellbeing: Obstacle course, outdoor activities, dancing, yoga, exercise, to encourage them to move their bodies and help support gross motor skills and physical development.</p> <p>Emotional wellbeing: Mark-making tools to draw different emotions and engage in group discussions and spending time together to express their feelings.</p> <p>Social wellbeing: Engage in group activities such as playing group games, sharing ideas to support and build.</p> <p>Mental wellbeing: Library trips, indoor reading club, circle time discussions, focused activities to support mental wellbeing.</p> <p>Environmental wellbeing: Help take care of nature by planting flowers or picking up litter outside.</p> <p>Safeguarding:</p> <p>Settling – Establishing clear expectations and discussing the importance of preschool rules and routine</p> <p>Mealtimes – Conversations about table manners, healthy food, what they usually eat at home</p> <p>Toileting - Encouraging regular toileting, supporting independence and self-confidence in care routines</p>		