

Ruislip Stars Nurseries lunch and dinner menu:

Week commencing 16th March 2026

	Lunch menu	Dinner menu
Monday	<p>Meat - Homemade fishfinger and baked bean cobbler topped with cheesy mash</p> <p>Veg - Homemade vegetable finger and baked bean cobbler topped with cheesy mash</p>	Mixed vegetable rice with mint yoghurt
Tuesday	<p>Meat - Roast chicken and sweetcorn pasta in bechamel sauce served with sweet potato wedges</p> <p>Veg - Butternut, and sweetcorn pasta in bechamel sauce served with sweet potato wedges</p>	Cauliflower, spinach cheese muffins served with garlic stir fried courgette spaghetti
Wednesday	<p>Meat - Lamb keema curry with potato and peas served with homemade chapati and green salad</p> <p>Veg - Chickpea, carrot and potato curry served with homemade chapati and green salad</p>	Aubergine, mozzarella and tomato bake
Thursday	<p>Meat - Lamb and three bean chilli served with rice and minty yoghurt</p> <p>Veg - Three bean chilli served with rice and minty yoghurt</p>	Homemade vegetable burgers with crunchy salad and homemade oven chips
Friday	<p>Meat - Shepherd's pie served with homemade beans salad</p> <p>Veg - Vegetable shepherd's pie served with homemade bean salad</p>	Vegetable casserole served with warmed bread