

Ruislip Stars afternoon snack for March 2026

Monday	Breadsticks with pepper sticks
Tuesday	Crackers and cucumber sticks
Wednesday	Apple and pear scones
Thursday	Spinach and sweetcorn muffins
Friday	Strawberry and white chocolate chip cookies

Please check daily baby numbers to make suitable snack for them

Monday	Sweet potato humus
Tuesday	Grated cucumber and carrot salsa
Wednesday	Softened apple and pear scones
Thursday	Spinach and sweetcorn bites
Friday	Soft strawberry cookies