

Ruislip Stars Nurseries lunch and dinner menu:

Week commencing 2nd March 2026

	Lunch menu	Dinner menu
Monday	<p>Meat - Creamy Tuna pasta served with sweet potato chips and green salad</p> <p>Veg - Creamy vegetable pasta served with sweet potato chips and green salad</p> <p>pudding - Bananas and yoghurt</p>	<p>Falafel with tzatziki dip & green salad with grated carrots and peppers</p>
Tuesday	<p>Meat - Chicken and corn patties served with steamed rice and salad</p> <p>Veg - Cauliflower, corn and potato patties served with steamed rice and salad</p> <p>pudding - Fruit crumble with custard</p>	<p>Spinach, sweetcorn and cheese muffins served with garlic bread</p>
Wednesday	<p>Meat - Homemade chicken nuggets with steamed carrots, peas and sautéed potatoes</p> <p>Veg - Homemade zucchini, carrot, and potato nuggets - served with steamed carrots, peas and sautéed potatoes</p> <p>pudding - Banana bread with ice cream</p>	<p>Sweet potato and chickpea burgers with rainbow salad</p>
Thursday	<p>Meat - Lamb meatballs with spaghetti in sauce served with warm garlic bread</p> <p>Veg - Aubergine, carrot and broccoli meatballs served with saucy spaghetti and garlic bread</p> <p>pudding - Carrot cake with yoghurt dip</p>	<p>Vegetable hot pot with olive bread</p>
Friday	<p>Meat - Fish finger wraps with chips and salad</p> <p>Veg - Veggie finger wraps with chips and salad</p> <p>Fruit salad</p>	<p>Vegetable rice with carrot and raisin salad</p>