

Ruislip Stars afternoon snack for January 2026

Monday	Crackers and cucumber sticks
Tuesday	Strawberry shortbread
Wednesday	Apple and raisin flapjack
Thursday	Homemade cheesy straws
Friday	Pepper and carrot sticks

Please check daily baby numbers to make suitable snack for them

Monday	Grated cucumber and tomato salsa
Tuesday	Soft shortbread bites
Wednesday	Grated apple and pear
Thursday	Cheesy finger sticks
Friday	Soft boiled carrot sticks