

Ruislip Stars Breakfast menu for October 2025

Monday	Mixed fruit smoothie with French toast and selection of cut fruit
Tuesday	Porridge with toast and a selection of fresh cut fruit
Wednesday	Baked beans with buttery toast and a selection of fresh cut fruit
Thursday	Choice of Weetabix or cornflakes with selection of mixed fruit and toast
Friday	Porridge with toast and a selection of fresh cut fruit

Please check daily baby numbers and offer them Weetabix if needed.