

Ruislip Stars Nurseries lunch and dinner menu:

Week commencing 27th October 2025

	Lunch menu	Dinner menu
Monday	Meat - Tuna and potato fishcakes with tomato relish and hand cut chips Veg - Mixed vegetable and potato fishcakes with tomato relish and hand cut chips Pudding - Homemade oat and chocolate chip cookies	Creamy pasta with carrots, broccoli and courgette served with warm garlic bread
Tuesday	Meat - Spring chicken and apricot curry served with steamed rice and minty yoghurt Veg - Vegetable casserole with sweetcorn, aubergines carrot, potato, leek mixed with gravy, mixed herbs & black pepper Pudding - Sliced grapes and melon	Crispy vegetable noodles with crunchy green salad
Wednesday	Meat - Roast chicken and gravy served with steamed carrots, peas, and sautéed potatoes Veg - Roasted butternut steak, served with veg gravy and steamed carrots, peas, and sautéed potatoes Pudding - Homemade creamy rice pudding	Roasted vegetable pastry rolls served with herby potato salad
Thursday	Meat - Homemade creamy lamb lasagne served with green salad Veg - Homemade creamy vegetarian lasagne served with green salad Pudding - Semolina with strawberries	Cauliflower macaroni cheese served with and spring greens
Friday	Meat - Chicken and chickpea vegetable rice served with minty yoghurt Veg - Chickpea and vegetable rice served with minty yoghurt Bananas and custard	Sweet potato and mixed veg wraps served with chips and salad