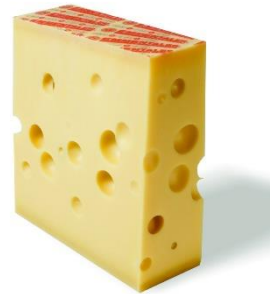
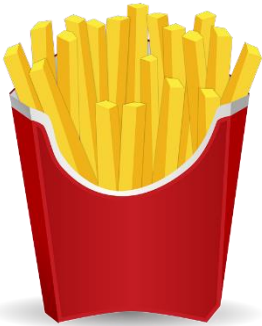


Name: _____

Date: _____

Healthy living!

Tick the healthy foods and cross out the unhealthy foods!



Remember the 5 food groups when talking to your children about healthy foods!



Please encourage your child to complete this homework independently. Please also state any support given in this box:

Thank you